



P.O. Box 767 Northport New York 11768

Tele/fax: 631-754-2945

Email: Heartscreennewyork@gmail.com

1. Why should your child have heart screening?

- a. Cardiac screenings are an effective way to detect many pre-existing and potentially fatal disorders.
- b. Death is often the first symptom. It is estimated that 30% -50% of all SCDs in young persons are first clinical events. In competitive young athletes, SCD is the first presentation of an underlying heart condition in up to 80% of cases
- c. Identify potential risk factors for coronary heart disease later in life

2. What can my child expect?

- a. Boys: arrive at appointment time with heart history survey completed and signed by parent. Private rooms are available upon request.
Blood Pressure
EKG
Height/Weight and heart sounds physical
Education Table (CPR/AED demonstration)
Consult with Cardiologist
Echo if needed, back to Cardiologist consultation
- b. Girls: arrive at appointment time with heart history survey completed and signed by parent. All testing is done in a female only area. Private rooms are available upon request.
Blood Pressure
Change into gowns (shirts off, bra and pants on- gown open in the front)
EKG (female only technicians)
Height/Weight and heart sounds physical
Put their shirt back on- keep gown with them
Education Table (CPR/AED demonstration)
Consult with Cardiologist
Echo if needed, back to Cardiologist

3. The testing usually takes approximately 25- 30 minutes unless and ECHO is needed

4. No physical exercise 1 hour prior to screening/no creams or lotions on the body day of screening